



THE SPOKES SPEAK - GEARED TO SERVICE

Rotary Club of the North Fork Valley

POB 1543, Paonia, CO 81428

WEB SITES: rotary.org rotary5470.org northforkrotary.org

Meeting Thursday at 5:00 PM at Rio Bravo in Paonia

District 5470

Club 1180 - Chartered

12/20/1922

Vol 62 Issue 11 - Mar 23, 2023

LAST MEETING: March 16, 2023

President Choszczyk presided

Visiting Rotarians: none

Other Guests: Steve Leighton
Ulli had 2 guests from
Germany

ANNOUNCEMENTS:

- We had 48% attendance at the meeting today.

ROTARY MOMENT: Sarah and Ruth presented an account from Caleb Thompson, a Rotary exchange student in Turkey, of his experience volunteering in the aftermath of the devastating earthquakes in Turkey and Syria.

PROGRAM: Sarah Morehouse - Herbal Medicine Products

"Herbs and Weeds and Why You Might Want Them" was the topic of the week presented by Sarah Morehouse. She cited the various home health care solutions they offer. Then presented a list of the medicinal plants suited for growing in NFV home gardens. For those who do not have that feature, she suggested that an Herbal Medicine and Community Garden be organized in the communities.



UPCOMING MEETING PROGRAMS:

Date	Speaker	Program	Member
3/23/23	Ben Lehman	Adventures in Central America	Jackie Parks
3/30/23		Fifth Thursday	
4/6/23			James Schott
4/13/23	Nicki Poulos	Coal Mining in the Valley	Kevin Parks
4/20/23			John Seipel
4/27/23	Rob Miller	Pickin in the Park	Peggy Szvetecz
5/4/23	David Larcker	Corporate Governance	Sarah Bishop
5/11/23	Eileen and Bob	Red Cross Service	Greg Thompson
5/18/23	various	CU Boulder Playback/Blue Sage collaboration	Bain Weinberger
5/25/23			Nick Lypps
6/1/23			Ed Bliss
6/8/23			Pam Bliss
6/15/23			Susie Coombe
6/22/23		Installation of New Officers	
6/29/23		Fifth Thursday	



The
Rotary
 Foundation

