





THE SPOKES SPEAK - GEARED TO SERVICE

Rotary Club of the North Fork Valley

POB 1543, Paonia, CO 81428

WEB SITES: rotary.org rotary5470.org northforkrotary.org

Meeting Thursday at 5:00 PM at Rio Bravo in Paonia

District 5470

Club 1180 - Chartered 12/20/1922

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LAST MEETING: January 19, 2023

President Choszczyk presided

Visiting Rotarians: none Other Guests: none

ANNOUNCEMENTS:

• We had a disappointing 32% attendance at the meeting today.

PROGRAM: Greg and Addie Cranson - The Lamborn Foundation

Greg and Addie Cranson of the Lamborn Foundation spoke to the Club this week about its sustainable food network that encompasses health education, food preparation and food sharing. The Trading Post operates as a multi-farm CSA whereby people exchange produce, labor, cash or resources for Post Note Pledges, then utilize these coupons to secure products for themselves.









UPCOMING MEETING PROGRAMS:

Date	Speaker	Program	Member
1/26/23	John Seipel	"It's All Uphill from Here"	Carol Kiese
2/2/23			Ulli Lange
2/9/23			Josh Langille-Hoppe
2/16/23			Norm Lewark
2/23/23			Betsy Marston
3/2/23		Business Meeting	
3/9/23			Bob McHugh
3/16/23			Ruth Morehouse
3/23/23			Jackie Parks
3/30/23		Fifth Thursday	
4/6/23			Kevin Parks
4/13/23			James Schott
4/20/23			John Seipel
4/27/23			Peggy Szvetecz





